

LEXISCAN PHARMACOLOGIC STRESS TEST

**IF YOU ARE DIABETIC PLEASE LET YOUR SCHEDULER KNOW FOR SPECIFIC INSTRUCTIONS.
PLEASE REVIEW THIS PAGE 2 DAYS PRIOR TO YOUR TEST
AND CALL (717)-291-0700 IF YOU HAVE QUESTIONS.**

NAME _____ DATE OF TEST _____ TIME _____

Please read this sheet carefully. It explains the diagnostic test your physician has prescribed for you.

Please review the list of medications on the back of this sheet and NOTIFY US if you are on any of them.

This study is performed to detect the presence of early heart disease, to evaluate chest pain and to evaluate damage from heart attacks.

PREPARATION: No food six hours prior to your test. You may take your morning medicine with a small amount of water or juice. Do not have any caffeine (coffee regular or decaf, chocolate, cocoa, all teas, soda, energy drinks and products containing guarana) or nicotine 12 hours prior to the test. **Wear comfortable clothing.** Bring any inhalers you may be taking.

PROCEDURE SUMMARY:

- This is a long test which can last up to 5 hours, Three to four hours is most common. Be assured that the staff will do its best to get you out as soon as possible.
- An IV will be placed in your arm and a radioactive imaging tracer (Cardiolite) will be injected into the IV.
- You will be asked to relax in the waiting area for about 45 minutes, at which time your resting images will be acquired. These images take place in the nuclear medicine scanning room and last about 12 minutes. You will be seated in a scanning chair with your arms resting in an arm rest above your head. The camera will move around you while it acquires images.
- Once these images are taken, electrodes will be placed on your chest and connected to an Electrocardiogram machine (ECG). ECG's will be taken before, during and after the stress portion of your test to monitor your heart rate and rhythm.
- The stress technician will obtain your medical history. **Please bring a list of your current medications and dosages.**
- In lieu of exercise, you will be given an intravenous dose of Lexiscan . Side effects not limited to headache, flushing, nausea, or a feeling of uneasiness can follow although rarely. If side effect persist, an antidote will be given to reverse the effects of the drug. Cardiolite will be given again to allow for a second set of images to be taken 1 hour later
- After the waiting period, the second set of images will be taken, lasting 10 minutes.
- Your IV will be removed and you will be allowed to leave.

Pregnancy: If you are pregnant, possibly pregnant or currently nursing, please inform your Scheduler, technician, and Doctor before the study is performed.

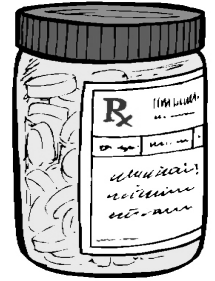
The drug used for this test is specifically ordered for me and It can not be used at a later time.

I, _____, understand that if I need to cancel the nuclear cardiology test for which I have been scheduled, I am required to provide a 24 hour advance notice to Heart Specialists of Lancaster County. If I cancel my test without adequate notice, I am personally financially responsible for the cost of the Cardiolite doses that are ordered for my test. I will be billed by Heart Specialists of Lancaster County up to TWO HUNDRED DOLLARS.

Signature

Witness

Date



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Food and Drug Interaction List

FOODS, DRINKS, AND MEDICATIONS THAT CONTAIN CAFFEINE SHOULD BE AVOIDED FOR AT LEAST 12 HOURS BEFORE TEST

Chocolate and Cocoa containing products
Coffee (Regular and Decaffeinated)
All Teas

All Sodas including caffeine free
Diet supplements including:
energy bars, drinks, and guarana products

COMMON OTC DRUGS THAT CONTAIN CAFFEINE

Anacin, Vivarin, Excedrin, NoDoz.

COMMON PRESCRIPTION DRUGS CONTAINING CAFFEINE

Cafegot
Norgesic Forte

Esgic
Wigraine

Fioricet

Fiorinal

Norgesic

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This is only a partial list of the most common, if any doubt please contact us.

COMMON PRESCRIPTION DRUGS CONTAINING THEOPHYLLINE ADVISE HEART SPECIALISTS THAT YOU ARE TAKING ONE OF THE LISTED BELOW.

Aerolate
Bronkodyl
Theospan SR
Theoclear LA

Slo-BID
Sustaire

Gyrocaps
Theophylline SR
Theobid Jr.
Trental

Theo-Dur Sprinkle
Duracap
Respid

Slo-Phyllin
Constant-T
Theo-24
Theo-Dur

Gyrocaps
Theobid
Elixophyllin SR
Uniphyll

Theolair-SR
Duracap

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COMMON PRESCRIPTION DRUGS CONTAINING DIPYRIDAMOLE ADVISE HEART SPECIALISTS THAT YOU ARE TAKING ONE OF THE LISTED BELOW.

Dipyridamole (Persantine)

Aggrenox

Permole

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Any questions call HSL nursing 717-291-0700 ask for nursing