



Heart Specialists of Lancaster P.C.

www.hslcares.com

TESTING ORDER FORM

Patient _____ DOB _____ WT _____

Physician _____ Signature _____

Office Phone Number _____ Fax Number _____

Appointment Date & Time _____ Diagnosis _____

- Treadmill Stress Test: Approximately 1 hour (Walking Shoes Required)**
 - Eat a light breakfast or lunch
 - No Caffeine, decaf, or carbonated beverages after midnight
 - Medications should be taken as prescribed unless otherwise instructed
 - Please wear two-piece outfit w/shirt that buttons down (no pantyhose please)
- Stress Echo-(Treadmill): Approximately 1 hour (Walking Shoes Required)**
 - Eat a light breakfast or lunch
 - No Caffeine, decaf, or carbonated beverages after midnight
 - Medications should be taken as prescribed unless otherwise instructed
 - Please wear two-piece outfit w/shirt that buttons down (no pantyhose please)
- Nuclear Stress Test – Cardiolite (Treadmill): 4-5 hours (Walking Shoes Required)**
 - Nothing to eat or drink 4-6 hours prior to the test
 - Absolutely no nicotine or caffeine 12 hours prior to test, including decaf
 - Medications to be taken morning of test with small amount of water or juice
 - Please wear two-piece outfit w/shirt that buttons down (no pantyhose please)
- Nuclear Stress Test – Persantine (Non-exercise): 4-5 hours**
 - Nothing to eat or drink 4-6 hours prior to the test
 - Absolutely no nicotine or caffeine 12 hours prior to test, including decaf
 - Medications to be taken morning of test with small amount of water or juice
 - Please wear two-piece outfit w/shirt that buttons down (no pantyhose please)
- Resting Muga: Approximately 1.5 hours: No Preparation Required**
- Echocardiogram: Approximately 45 Minutes: No Preparation Required**
- Carotid Doppler: Approximately 45 Minutes: No Preparation Required**
- Renal Doppler Ultrasound: Approximately 1.5 hours**
 - Nothing to eat or drink 4-6 hours prior to test
 - Medications to be taken morning of test with small amount of water or juice
- Abdominal Aortic Ultrasound: Approximately 45 Minutes:**
 - Nothing to eat or drink 4-6 hours prior to test
 - Medications to be taken morning of test with small amount of water or juice
- Holter Monitor / Event Recorder : 20-30 minutes:**
 - Do not use any powders, lotions, or bath oils prior to visit
- Ankle Brachial Index (ABI): Approximately 1 hour: No Preparation Required**
 - Should wear or bring loose shorts

PLEASE FAX ORDER FORM TO: 717-358-0204

802 New Holland Avenue, Suite 200, Lancaster, PA 17602 ▪ (717) 291-0700 ▪ Fax (717) 291-9634

175 Martin Avenue, Suite 350, Ephrata, PA 17522 ▪ (717) 738-0167 ▪ Fax (717) 738-0310

Our Care Comes From the Heart ♥